

-Talk it Out Café:

We conduct 'Talk it out Café' with youth and adults. 'Talk it out Café' is a safe and creative space for creating a collaborative dialogue facilitating an open sharing of dreams, knowledge and ideas and issues over cups of coffee, tea and snacks. In this café, the participants are encouraged to reflect, listen, share, speak, draw, scribble or doodle their heart out on guided questions or topics given to their table related to the dreams and aspirations and issues highlighting the scenario of youth in Mizoram. We conduct Talk it Out Café in Schools, Community, Churches and at Ka Thiante In.



Zawlbuk:

Zawlbuk one of the future plans of FLAT and is hoping to start the space very soon once FLAT found an interested partner to fund the project.

In earlier days, Zawlbuk plays an important role in molding the youth, it is used to be young male dormitory where they are trained with warfare and learn manners and etiquettes, values and good practices from their elders. Zawlbuk will be a safe space where selected young people of all genders will be specially molded and facilitated in their strife towards discovering self and accompanying them in their contribution to society or in their engagement in social change and also in establishing their values, principles, standards and strengthen their individual knowledge and attitude.

We Welcome-

- Individuals with passion and desire to bring about changes in the life of young people and society at large.
- Innovative ideas and inputs to make the ongoing initiative more effective.
- Partnership with Funding Organisations.
- Grants and donations for 'Ka Thiante In'
- Constant moral support and care for the growth of FLAT.

ADDRESS:

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Full Life Access Trust (FLAT) (Nuntam Kailawn)



Full Life Access Trust (FLAT)/Nuntam Kailawn was founded by K. Zothanpuui and Rebek Lalruatdiki Khiangte who shares similar interest towards transforming the society by transforming self. Ever since we both step into social work avenue, we feel the need to contribute to our society and bring about change. As we grow up in a well structured and regimented kind of society, where young people are not really given a space to express themselves and ask what they need or what they want to do in life; rather, they are told what to do and are often used as means to achieve ends than looking at young people as individuals. Having experience all these, we felt the need of young people for a space to explore and discover their selves and connect to realities. We want to assure our young people that there is more life than their present life and they can enjoy life in all its fullness. The passion grows stronger after joining MSW in Bosco Institute as it helps the students to discover their passion and find themselves. The inspirations come from Fr. Jerry Thomas, Director of Bosco Institute who is passionate with youth work and who loves young people. The internship at Pravah, Delhi and workshops on 'Ocean in a Drop' and 'Get real', and the 5th space concept are our major source of inspiration. The passion and ideas came into being when the founders received fellowship from the Youth Involve. FLAT/Nuntam Kailawn took its birth with the launching of Youth Access initiative, a Youth Involve Fellowship offered by Bosco Institute on 30th August 2015. Nun Tam Kailawn (Full Life Access Trust) was registered as a Public Charitable Trust on 1st December 2015.

Our Vision:

We vision a society where young people find a safe space for self expression and social contribution and enjoy life in all its fullness.

Our Mission:

Our Mission is to facilitate the interaction between community at large and the young population to bridge the gaps that exist and help young people become more self assured and socially responsible.

OUR ACTIVITIES TILL DATE

Youth Access:

(a) Institution Programs

-Personal Safety Education Program (PSEP):

We are giving education to children on how to keep their body safe in a language they would understand using a designed module. We have trained 10 young people as trainers for the PSEP and also provides Training of Trainers (ToT) to other organizations who wants to conduct PSEP. We are giving this education to schools, Children's Fellowship in Churches. By this time we are able to reach more than 600 children from schools and churches.



-Life Skills Education in Institutions:

We also conduct life skills education in Schools, Colleges and Churches among children and youth fellowship. We also conduct among the children of shelter homes, children homes and to observation homes.



(b) Youth Space

-Ka thiante In (My Friend's Place):

Ka Thiante In is a Mizo dialect which literally means 'My Friends' Place'. It is a visible space which is designed to be a hangout zone, a space where one can just chill, eat, drink coffee/tea, play games, read books or share your stories. It is a space to express oneself freely under mentorship and without the fear of being judged or discriminated. It is a safe space where young people are facilitated and encouraged to explore and discover themselves and connect their selves to society and then find their own space to contribute to society. And most importantly it is a RESOURCE CENTRE for young people. There are Listening Room, Reading Zone and a Cafeteria inside Ka Thiante In. Ka Thiante In is located at the heart of Lunglei Town, programs like Weave your dreams, Messed Up Night, Talk it out Café, Learn to Live are conducted here on a regular basis.

